

2010 ICWL CHAMPIONSHIP TOURNAMENT
SUNDAY, MARCH 7, 2010 AT UNITED TRAINING CENTER

WEIGH-INS: Weigh-ins will be held **a week before the tournament**, on Friday evening, February 26 and during the day Saturday and Sunday February 27 and 28 at various times and locations around the league. This will allow us to complete entries and weight classes before the seeding meeting to be held on Wednesday, March 3. Locations and times and directions for all weigh-in locations will be posted on: www.conestogawrestling.com and on the ICWL website www.eteamz.com/ICWL.

AWARDS: Trophies for 1st, 2nd, 3rd and 4th in each weight class. Long sleeve T-shirt for 1st, short sleeve T-shirt for 2nd and 3rd in each weight class.

WEIGHT CLASSES: We are using a modified Madison System. Exact weights will be recorded at weigh-ins with two-tenths of a pound allowed for weight of underwear. If the wrestler's weight is over for the weight class entered we will move the wrestler to next weight class, therefore there will be no "failures to make weight". We will also use exact weights to break up weight classes with over 16 entries and add weight classes as necessary to hold all weight classes at 16 or less entries. For example, if there were 24 entries in J-66 and 24 in J-70, the lightest 16 from J-66 would be in one weight class (for example, 64.5), the heaviest 8 from J-66 and lightest 8 from J-70 in another weight class (for example, 67), and the heaviest 16 from J-70 in J-70. We will use the regular weight classes listed below with adjustments as needed. For example, adjusted weight classes in the middle of Junior Division could end up as 66 – 68.5 – 72.8 – 76.5 – 80.1 – 83 – 85.8 – 88 – 92.5 – 98.

START TIME: Wrestling begins 8:00 AM sharp. We expect wrestling to be completed by approximately 5:30 PM. **Ten mats will be utilized.**

LOCATION: United Training Center (USTC), 1426 Marshallton Thorndale Road, Downingtown, PA 19335. Directions on their website, www.unitedsports.net.

ENTRIES: The final list of entries with weight classes will be posted on the Conestoga website on Tuesday March 2.

SEEDING: ICWL seeding meeting will be Wednesday, March 3. Each team can send one representative to participate in seeding. Entries may be disqualified for false or misleading information. Complete and accurate seeding information is required. For this competition season, from last fall to the present, show overall won/lost record and top tournament honors (1st, 2nd, 3rd). You must name the tournaments, not just say "two 1st". If it was a Novice tournament say so. If the wrestler took third at Eastern Nationals last year there is no need to list where he placed at MAWA Districts. We don't need a resume of twenty-five tournament results. For the previous competition season of 2008-2009 just show top tournament honors, no won/lost record.

RULES/ELIGIBILITY: Team coaches and their representatives to the ICWL are responsible for communicating ICWL eligibility to their team members and parents, assuring compliance and certifying eligibility. This is not an "OPEN" tournament and is limited to legitimate fully participating ICWL team members in good standing. Modified PIAA rules. **Headgear required.** Bout length 1-1-1 except Intermediate which is 1- 1½ - 1 ½. All overtimes: one minute sudden victory, if no winner then 30-second ride-out with choice of position going to the wrestler who received the first point in the match. Double elimination from quarterfinals (round of 8), may be expanded to full double elimination if number of entries will allow completion of wrestling by approximately 5:30 PM.

ENTRY FEE: \$25.00 payable to "CYWA" for entries received by Wednesday, 2-24-10. Mail to CYWA, % Gary Tilles, 4 Horseshoe Lane, Newtown Square, PA 19073. After 2-24-10 entry fee is \$30, bring entry form and fee to the weigh-in. **QUESTIONS? Email to "garycywa@yahoo.com" or call Gary Tilles 610-506-1581 or, if you are unable to reach Gary Tilles, call Drew Reindel 610-517-4875.**

ICWL 2010 CHAMPIONSHIP TOURNAMENT ENTRY FORM
PLEASE PRINT LEGIBLY!

NAME: _____ **TEAM:** _____

BIRTHDATE: _____ **DIVISION:** _____

ADDRESS: _____ **CITY & ZIP:** _____

EMAIL: _____ **PHONE:** _____

Signature of Parent/Guardian: _____

I certify the accuracy of all information provided, permit to the entrant to wrestle in this tournament, and release all sponsoring organizations, their officers, tournament officials, committees, referees, the ICWL, The United Training Center and the T/E School District from liability.

THIS SEASON: 09-10 record _____ 09-10 tournament Places: _____

Last season: 08-09 tournament places: _____

CIRCLE BOTH DIVISION & WEIGHT CLASS ENTERED – THERE IS NO UNLIMITED

(Note: weight classes will be adjusted as necessary to limit to 16 entries per weight class – see above)

Bantam (born 2002 and after): 43 47 50 53 56 60 65 73 106

Midget (born 2000 & 2001): 50 54 57 60 63 66 70 75 80 85 93 105 153

Junior (born 1998 & 1999): 58 62 66 70 74 78 82 86 91 98 105 115 130 189

Intermediate (born on or after 9-1-95 and in 1996 & 1997):

75 80 85 90 95 100 105 110 115 120 128 136 146 160 233

CYWA/ICWL USE ONLY - EXACT WEIGHT AT WEIGH-IN: _____

WEIGH-IN LOCATION: _____ **WEIGHED BY:** _____